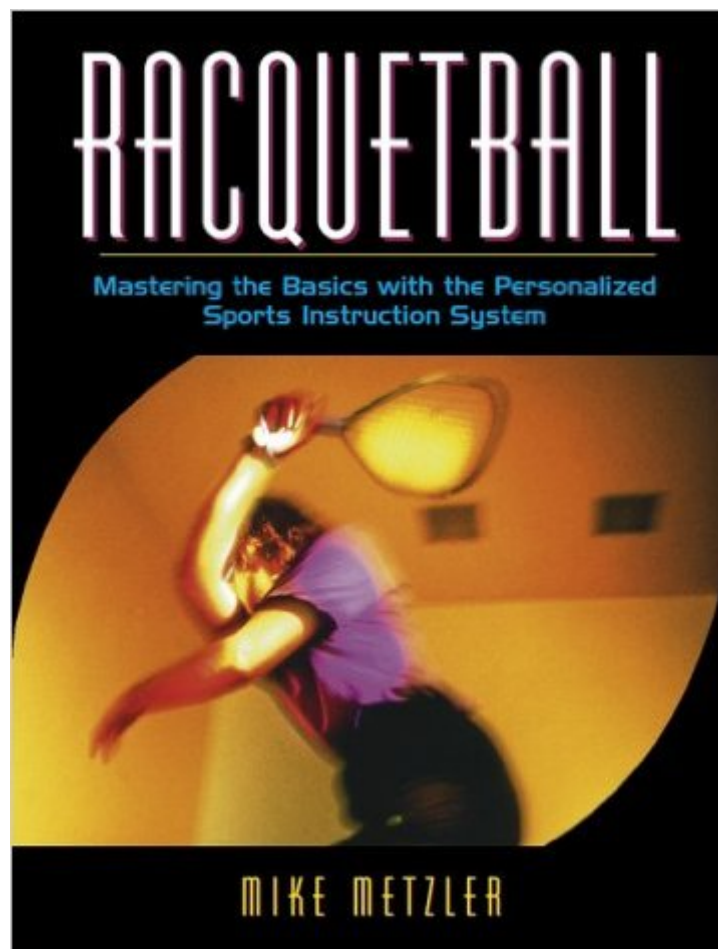


The book was found

Racquetball: Mastering The Basics With The Personalized Sports Instruction System (A Workbook Approach)



Synopsis

This guide to raquetball uses the Personalized Sport Instruction model of teaching (PSI), which is widely respected as an effective, interactive, student-centered teaching model. This workbook, as part of a six-book series, features a common organization and framework for planning, managing, implementing, and evaluating the fundamentals of learning badminton. Each module includes specific directions for setting up learning tasks and criteria for demonstrating mastery. For anyone interested in the sport of raquetball.

Book Information

Paperback: 135 pages

Publisher: Benjamin Cummings (October 5, 2000)

Language: English

ISBN-10: 0205323723

ISBN-13: 978-0205323722

Product Dimensions: 7 x 0.2 x 9.1 inches

Shipping Weight: 4.8 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #3,100,377 in Books (See Top 100 in Books) #30 inÂ Books > Sports & Outdoors > Racket Sports > Racquetball #5768 inÂ Books > Education & Teaching > Studying & Workbooks > Workbooks #34699 inÂ Books > Humor & Entertainment > Puzzles & Games

Customer Reviews

Out side of a coach or trainer, how else can you improve your Raquetball game? Play better players, practice, what else? A Book? This book was actually very useful in helping me learn more ways to improve my game. The illustrations and explanations were easy to understand and put into practice. I decided to keep my copy of it just to go back to refresh my mind in case I forget anything. Mastering the Basics is so important. If you don't know and use the basics correctly in the first place I think you are actually putting a limit on just how much you can improve your game. I went back to the basics to retrain myself how to make better serves. The Basics are a lot more important than I had ever thought. I rushed through the basics when I first started playing and it did put a limit on my progress. If you are not holding the racket the right way and are not stroking the ball the right way from the very beginning, how can you expect to improve your game. Seems so simple but I don't think I am the only one that skipped a few steps when learning the basics.

Great book for all levels of racquetball players. Emphasizes the basics of the game and provides detailed strategies and exercises to practice.

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